



Where Someone Cares



*Where Someone Cares
Annual Report 2014*



Mission

The Maliheh Free Clinic seeks to improve the quality of life in the Greater Salt Lake City Area by providing free medical services for uninsured and low-income individuals and families to help reverse the cycle of poverty and suffering created by poor health.

Who do we serve?

• UNINSURED

Do Not Qualify for Medicaid or Medicare

• LOW INCOME

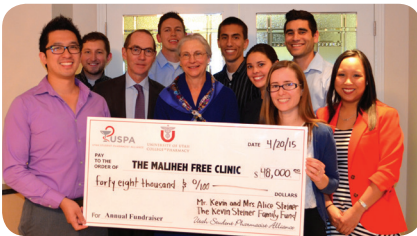
Under 150% of Federal Poverty Guidelines

Total income of a family of 4 is less than \$35,325/year

0-18 years	12%
21-30 years	17%
31-64 years	66%
65+ years	5%
Employed	44%
Unemployed	54%
Unknown	2%

We Mentor

- Medical Students
- Nurse Practitioner Students
- Physician's Assistant Students
- Pharmacy Students
- Nursing Students
- Medical Assistant Students

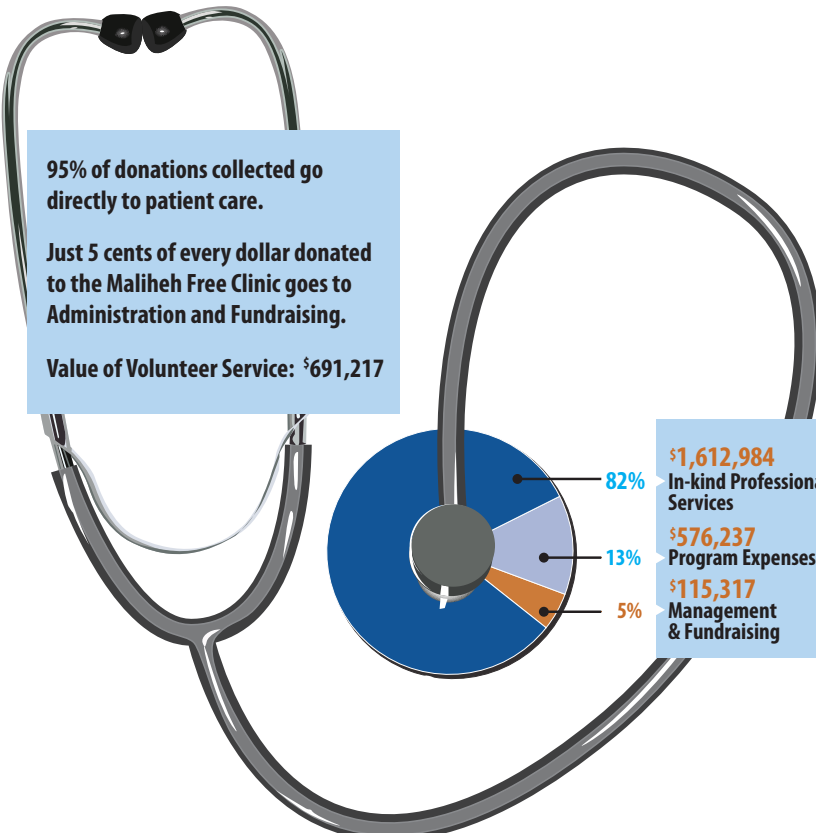


The Good Will Factor

Your donation of \$100 is matched by over \$300 in in-kind contributions of time, services, and medical supplies provided by your neighbors in our community to serve those in need.

Clinic Statistics 2014

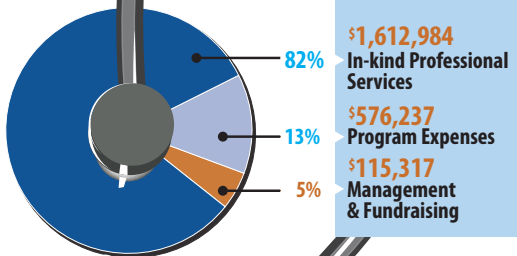
- Total Patient Visits 15,229
- Maliheh Free Clinic Labs 4,906
- Intermountain Healthcare Labs 15,984
- Cost per Patient Visit \$41.51
- Total **VOLUNTEER** Hours 27,852
- Physician **VOLUNTEER** Hours 5,778
- RN **VOLUNTEER** Hours 2,844
- Other **VOLUNTEER** Hours 19,230
(including interpreters, patient techs, phlebotomy, clerical, X-ray techs, etc.)



95% of donations collected go directly to patient care.

Just 5 cents of every dollar donated to the Maliheh Free Clinic goes to Administration and Fundraising.

Value of Volunteer Service: \$691,217



LIVING WELL WITH CHRONIC CONDITIONS

We now offer a Living Well with Chronic Conditions Workshop. This free six week workshop teaches essential tools for the self-management of chronic diseases. A five year research study of more than 1,000 participants developed at Stanford University Patient Education Research Center in collaboration with Kaiser Medical Care Program found that those who completed this course significantly

improved their healthful behaviors, improved their health status, and decreased their days in the hospital. Patients at the Maliheh Free Clinic are referred to the program by their healthcare providers, but the workshop is open to anyone with a chronic condition. Classes are held four times a year in the evening. A Spanish version of the course, *Tomando Control de Su Salud*, is also taught.

Thank You for Your Support



SEMNANI FAMILY FOUNDATION

ZIONS BANK
WE HAVEN'T FORGOTTEN WHO KEEPS US IN BUSINESS.®



The Maliheh Free Clinic offers a range of medical services, however, our primary focus is on health maintenance, patient education, and preventative care. We are the primary care providers for over 5,000 individuals in our community, providing regular visits, labs, screenings, childhood immunizations, and patient education.

- Adult and family medical visits
- Pediatric Care
- Assistance with Medications through Patient Assistance Programs
- Childhood Immunizations
- Specialist Services including: Cardiology, Counseling, Dermatology, Gastroenterology, Gynecology, Minor Surgery, Nephrology, Neurology, Oncology, Ophthalmology, Orthopedics, Podiatry.
- On-site laboratory providing a full range of lab tests
- X-ray and Ultra Sound
- Dental Services – limited to Adult Extractions
- Healthy Living Classes, Weight Loss Classes and Diabetes Education.
- Expanded hours including evening and Saturday appointments

The Maliheh Free Clinic is run by a core team of full-time and part-time professional staff, and many volunteer doctors, nurses, pharmacists, administrators, interpreters and other members of the community. We also draw on the medical expertise and resources of long time partners, including Intermountain Healthcare, the University of Utah, and major pharmaceutical corporations.

"I needed to step out of the insanity but not the humanity of medicine."

— KAREN MILLER, MD —
Volunteer Gynecologist

Joanie's Story

Joan lost her eyesight about a year ago due to cataracts. Since August 2014 she has been unable to work or drive. Unable to see anything but shadows, she had to stay inside for her safety. Joanie was unable to go to the grocery store or cook and relied on her friends to help take care of her. A friend let Joanie sleep on her couch. In October 2014, she started coming to the Maliheh Free Clinic.



At the Clinic she saw the volunteer ophthalmologist, Doctor Nelson and talked to him about the problems she was facing. Intermountain

Healthcare provided the surgical suite and Dr. Greg Christiansen volunteered his time to perform the surgery. Now that she can see again, Joanie is beaming with happiness. She is finally getting her life back and wants to go back to work. Joanie is very grateful to those who helped her get her vision back. She wants to be an advocate for those with vision loss in similar circumstances.

Our Awesome 2014 Volunteers

MEDICAL PROVIDERS

Dev Abraham, MD
Dom Albo, MD
Maritza Arce-Larreta,
APRN
John Barbuto, MD
Dan Bluth, DDS
Anneli Bowen, MD
Kylie Brough, PA-C
Christine Burgess, LCSW
Ben Christensen, PA-C
Susan Conner, APRN
Monica Cook, APRN
Robin Dale, PA-C
Lorena Darnell, PA-C
Douglas Douville, MD
Terrance Drake, MD
Maggie Elkins, LCSW
Megan Engelen, MD
Sylvie Fadrhonc, PA-C
David Figueroa, PA-C
Amy de la Garza, MD
John Griffin, MD
Melanie Heairld, APRN
Paul Hoeft, DDS
Jonathan Horne, MD
Dennis Hughes, MD
Erin Isenberg, PA-C
Grant Jackson, MD
LuAnn Jacobs-Peterson,
APRN
Dave Keahey, PA-C
Nicole Leitch, PA-C
Raija Maddock, APRN
May Marschner, PA-C
Whitney Mentaberry,
APRN
Richard Middleton, MD
Karen Miller, MD
Wagma Mohmand, PA-C
Majid Moshifar, MD
Stephanie Nagata, APRN
Arlene Nelson, APRN
John Nelson, MD
Chris Neville, PA-C
Kathy Pedersen, PA-C
Clarissa Peterson, PA-C



Nirupama Ramkumar, MD
Don Reese, MD
Barbara Reid, MD
Kathy Rodman, APRN
David Sandweiss, MD
Eugene Scerbo, APRN
Sheetal Shah, MD
Sally Sharp, MD
David Shupe, MD
Chad Spain, MD
Robert Sylvester, APRN
Ryan Taylor, DPM
Mary "Winifred" Thomas,
CPNP
Ray Thomas, MD
Marsha Thomas-
Robertson, APRN
Keith Tolman, MD
George Van Komen, MD
Jon Whisenant, MD

NURSES

Mahsa Adabkhah, RN
Fran Akita, RN
Andrew Aloia, RN
Matthew Anderson, RN
Karla Balling, RN
Beth Bateman, RN
Shauna Bennee, RN
Dane Bergeson, RN
Melanie Bills, RN
Julia Boulos, RN
Nonie Boyle, RN
Micah Bowler, RN
Arpil Briggs, RN
Linda Bury, RN
Allison Canova, RN
Jan Chamberlain, RN
Megan Cook, RN
Marcus Cooley, RN
Ken Corneliusen, RN





Alice Coper, RN
 Laurie Cummings, RN
 Donald Cotton, RN
 AJ Cyr, RN
 Lie Darmawan, RN
 Belma Devedzic, RN
 Yoon Deok Kong, RN
 Niva Dhakhwa, RN
 Nikki Dial, RN
 Jenessa Duffy, RN
 Linda Durham, RN
 Linda Evans, RN
 Lynda Frome, RN
 Julie Gillingham, RN
 Heidi Hall, RN
 Kristen Harko, RN
 Maggie Hawley, RN
 Tinalee Heaps, RN
 Elizabeth Henderson, RN
 Susan Hildebrand, RN
 Debbie Hohmann, RN
 Marie Jacobson, RN
 Anna Jankowski, RN
 Cheryl Jensen, RN
 Allison Jess, RN
 Joy Khader, RN
 Raymond King, RN

Yoon Deok Kong, RN
 Jay Larsen, RN
 Nicole Lynch, RN
 Amy McFarland, RN
 Jonathan Nasman, RN
 Summer Pearson, RN
 Joyce Pell, RN
 Caitlin Piteck, RN
 Tatiana Podchinenova, RN
 Sue Powers, RN
 Abby Robertson, RN
 Maggie Sabey, RN
 Sara Schildmeyer, RN
 Tracey Schroader, RN
 Mark Scott, RN
 Jeanie Sharp, RN

Maureen Simes, RN
 Tammy Slagorrski, RN
 Sandra Spackman, RN
 Patricia Steadman, RN
 Chris Sullivan, RN
 Nichola Taylor, RN
 Sara Thipsovan, RN
 Ryan Thurston, RN
 Chrissy Uigaese, RN
 Lindsay Vinikoor, RN
 Katie Voytovich, RN
 Alexandria White, RN
 Christopher Williams, RN
 Teresa Winger, RN
 Evelyn Veltri, RN



Thank you to our Patient Techs, Interpreters, PAP, Lab, Office and Other volunteers who have provided thousands of hours of service in support of their neighbors in need in our community. Space won't allow us to name all 300+ of you, but please see www.malihehfreeclinic.org for a complete list.

Special Thanks to Mindy Johnson, www.findthemovement.com for photography

Our Generous 2014 Donors

Over \$100,000

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\$25,000 - \$99,999

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*Provides an in-kind donation of professional services to Maliheh Free Clinic patients

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Jeffrey A. and Kathryn Young
Suzan Young



The Maliheh Free Clinic was named in honor of Maliheh Abdollahi "Modar joon", grandmother of Mr. Khosrow B. Semnani, the benefactor of the Maliheh Free Clinic. Maliheh selflessly gave of herself to others so that their burdens might be lighter, their visions longer, and their dreams could be fulfilled. The Maliheh Free Clinic stands as a tribute to her. Through its service to the community, the memory of her kind and charitable spirit lives on.



Where Someone Cares

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malihnehfreeclinic.org

(801)266-3700