

Mission

Quality health care is a vital necessity for every child and adult. The Maliheh Free Clinic seeks to improve the quality of life in the Greater Salt Lake Area by providing free medical services for uninsured individuals and low income families.

Who do we serve?

- Uninsured
Do Not Qualify for Medicaid or Medicare
- Low Income
Under 150% of Federal Poverty Guidelines
Total income of a family of 4 is less than \$35,775/year

0-18 years	17%
19-30 years	21%
31-64 years	57%
65+ years	5%
Employed	42%
Unemployed	43%
Unknown	15%
Hispanic	48%
Caucasian	31%
Pacific Islander	11%
African American	3%
Asian	3%
Other	4%

Clinic Statistics 2013

- Total Patient Visits 18,967
- Maliheh Free Clinic Labs 5,647
- Intermountain Healthcare Labs 17,761
- Cost per Patient Visit \$36.40
- Total Volunteer Hours 25,059
- Physician Volunteer Hours 7,152
- RN Volunteer Hours 3,756
- Other Volunteer Hours 14,151

(including interpreters, patient techs, phlebotomy, clerical, X-ray techs, etc.)

Value of Volunteer Service \$719,825

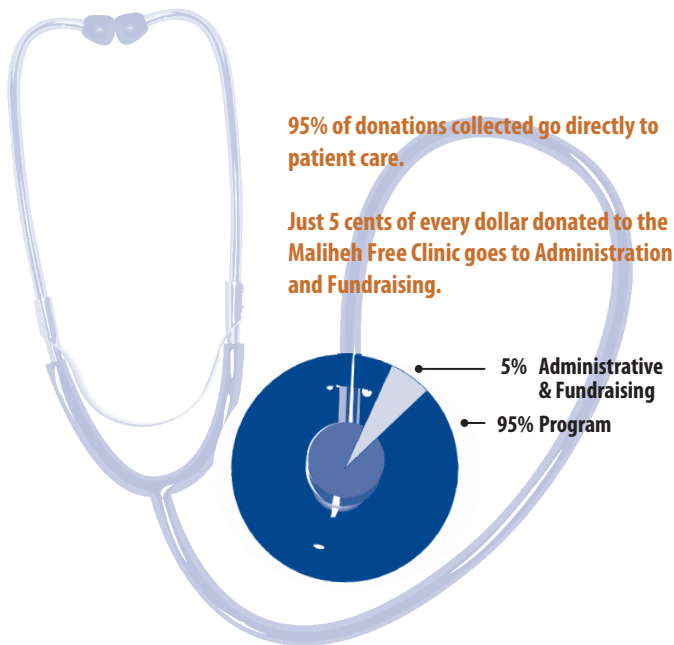
Clinic Services

- Family practice
- Cardiology
- Counseling
- Dental
- Dermatology
- Endocrinology
- Gastroenterology
- Gynecology
- Nephrology
- Neurology
- Oncology
- Ophthalmology
- Orthopedics
- Pediatrics
- Podiatry
- Screening Mammography
- Minor Surgery
- Ultrasound
- Urology
- X-ray



We Mentor

- Medical Students
- Nurse Practitioner Students
- Physician's Assistant Students
- Pharmacy Students
- Nursing Students
- Medical Assistant Students
- Phlebotomy Students



Volunteer Program of the Year Award

In 2013, the Maliheh Free Clinic received the Volunteer Program of the Year Award by the Utah Commission on Service and Volunteerism. The Award was presented by Lt. Governor Greg Bell and Wendy Spencer, Chief Executive Office of the Corporation for National and Community Service. This honor was the result of countless hours of caring service performed at the Maliheh Clinic by hundreds of volunteers. The Clinic's volunteer program provides ongoing training and allows flexible scheduling. Utah has been ranked number 1 in the nation for volunteerism for the last 8 years. The Maliheh Free Clinic continues to benefit from the culture of giving and generosity in our community.

Diabetes Management Program Improves Patient Outcomes

In the United States an estimated 21 million people have been diagnosed with diabetes. This is near epidemic levels and the patients at the Maliheh Free Clinic reflect this trend. Using the Utah Department of Health guidelines as a standard, in 2012 and 2013, a program was designed to help our patients get the necessary preventive care they need all in one annual visit. They do not have to take off work, find transportation, or get childcare multiple times to receive this care. Patients receive podiatry screening, retinal screening, labs, education in diabetes management, and medication review all in a single visit to the clinic. The University of Utah School of Pharmacy students review the patient's medications and make recommendations to medical providers. Patients are also referred to Healthy Living education classes. As a result of the clinical and education focus of the program, patients have been managing their disease better. The Clinic saw a decrease in HgA1C scores (the lab result that reflects blood sugar control) of more than 1% (from an average of 9.14 to 8.12). Tracking these outcomes help us to monitor quality and ensures that we are providing the highest standards of care for all patients.

The Maliheh Free Clinic offers a range of medical services, however, our primary focus is on health maintenance, patient education and preventative care. We are the primary care providers for over 5,000 individuals in our community, providing regular visits, labs, screenings, childhood immunizations and patient education.

- Adult and family medical visits
- Pediatric Care
- Assistance with Medications through Patient Assistance Programs
- Childhood Immunizations
- Specialist Services including: Cardiology, Counseling, Dermatology, Endocrinology, Gastroenterology, Gynecology, Minor Surgery, Nephrology, Neurology, Oncology, Ophthalmology, Orthopedics, Podiatry.
- On-site laboratory providing a full range of lab tests
- X-ray and Ultra Sound
- Dental Services – limited to Adult Extractions
- Healthy Living Classes, Weight Loss Classes and Diabetes Education.
- Expanded hours including evening and Saturday appointments
- Screening Mammography

The Maliheh Free Clinic is run by a small team of full time and part time paid professionals, however the majority of services are provided by the many volunteer doctors, nurses, pharmacists, administrators, interpreters and other members of the community. We also draw on the medical expertise and resources of long time partners, including Intermountain Healthcare, the University of Utah, and major pharmaceutical corporations.

"The Maliheh Free Clinic is one of the few places that people in need of medical care, who have no health insurance at all, can be seen and treated for what ails them. This is a remarkable asset in our community – an example of compassion and care in action we can all be proud of."

— **Dr. David Sundwall, Professor of Public Health** —

University of Utah School of Medicine, Former Executive Director, Utah Department of Health

Esther's Story

Esther, age 58 is a survivor. She lives near the Maliheh Free Clinic with her daughter and granddaughter. She started coming to the clinic 8 years ago. Before it opened she could not afford health care. She spent a year in bed unable to move from the painful, stiff and swollen joints from her Rheumatoid Arthritis. She had given up on life, felt hopeless, and suffered from depression. Esther relied on her daughter to care for her. She got bed sores on her frail body because she could not move around or get out of bed. Esther's daughter saw the sign out front when the Maliheh Free Clinic first opened, and encouraged her to come and see the doctors at the clinic. She finally agreed to come



and give the doctors a chance to help her. Esther only speaks Spanish and her daughter speaks limited English, so she was relieved when they arrived at the clinic and they had Spanish translators. Doctors at the clinic were hopeful her symptoms could be improved. They gave her a medication and she was surprised but very grateful when

it eased the severe pain she was experiencing. The clinic's prescription assistance program helped her to get her medications and slowly her symptoms improved. She was referred her to a specialist to have an operation on her hand to improve the use of her joints. The clinic also helped her to get a wheelchair to improve her mobility. Now with the help of her daughter she is able to do things with her family, go shopping at the grocery store and attend community events. She says that coming to the clinic was something very special. She is so thankful to the Maliheh Free Clinic and the compassionate doctors that helped her regain her dignity and life back.



THE GOOD WILL FACTOR

Your donation of \$100 is matched by over \$300 in in kind contributions of time, services and medical supplies provided by your neighbors in our community to serve those in need.

Our Generous 2013 Donors

Over 100,000

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* Intermountain Healthcare provides an in kind donation of all lab services, medical testing, and access to specialist consults for clinic patients.

** Layton Construction and their sub-contractors provided significant in kind support for our Expansion and Remodel.



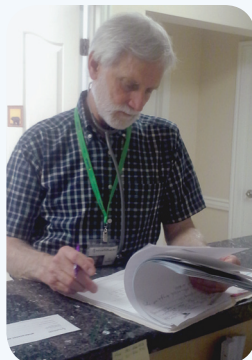
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*"Volunteering is the most marvelous opportunity. Everybody wants to be here.
It's not like a job that you have to go to. It's a happy place to be."*

— Lynda Frome, Volunteer Nurse —

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The Maliheh Free Clinic was named in honor of Maliheh Abdollahi “Modar Joon”, grandmother of Mr. Khosrow B. Semnani, the benefactor of the Maliheh Free Clinic. Maliheh selflessly gave of herself to others so that their burdens might be lighter, their visions longer, and their dreams could be fulfilled. The Maliheh Free Clinic stands as a tribute to her. Through its service to the community, the memory of her kind and charitable spirit lives on.

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